



HAI WATER SPORTS



2023

CATALOGUE

PREMIUM QUALITY

Quality is Our PRIDE

Due to the insistence on high quality and affordable pricing, Yanre Fitness stands out among manufacturers throughout China and worldwide. It's a reputation we are proud of.

RAW MATERIALS

Our attention to production quality is second to none. Our standards include using 3mm thickness pipe, using the best component parts and applying the most efficient assembly process. That's why our products stand the test of time.

AWARDS

We have received a number of awards for excellence of product quality (just list a few):

- Award for excellence in public sports in China
- Award for best enterprise
- Award for excellence in public sports in Anhui



SELF-DESIGN

They Copy, We Design

If quality is the soul of a company, then innovation is its heartbeat.

From the towering parabola designed 73 series to the simplest device for sky yoga, our standards of detail and quality can be seen in every welded joint, powder-coated finish, the material used, and the training angle.

We believe that training equipment should feel just right for the user. That's why we have been dedicated to build smooth and sturdy equipment, giving the user a sense of comfort and confidence that helps them get the best possible workout.

OVER 40 PATENTS

We hold more than 40 product patents (just list a few):

- Utility Model Patent Certificates Appearance
- Design Patent Certificates

实用新型专利证书
Certificate of Utility Model Patent

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Main Frame :40*80*3.0mm pipe. All pipes are Q235 qualified pipe

Hard chrome weight plate sleeve

High density foam upholstery, "furniture grade" PU leather

ISO-Lateral incline shoulder Press

Model: 82001

FEATURES

1. The Plate-Loaded Iso-Lateral shoulder Press was blueprinted from human movement. Separate weight horns engage independent diverging and converging motions for equal strength development and muscle stimulation variety. The back pad is angled 40 degrees for stabilization and to eliminate hyperextension of the spine.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve
5. Aluminum alloy footplate



SPECIFICATIONS

N.W.:145kgs /320lb s G.W.:195kgs/ 430lbs

Installation size: 2200*1750*1150mm/87*69*45in

ISO Lateral Shoulder Press

Model: 82002

FEATURES

1. The Plate-Loaded Iso-Lateral Shoulder Press was blueprinted from human movement. Separate weight horns engage independent diverging and converging motions for equal strength development and muscle stimulation variety.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:150kgs / 331 lb s G.W.:200kgs/441lbs

Installation size: 1600*1620*1600mm/63*64*63in



Iso-Lateral Wide Pulldown

Model: 82003

FEATURES

1. The Plate-Loaded Iso-Lateral Wide Pulldown was blueprinted from human movement. Separate weight horns engage independent diverging and converging motions for equal strength development and muscle stimulation variety. This machine offers double Iso-Lateral training with pivots angled in two different planes.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:145kgs /320 lbs G.W.:155kgs/ 342 lbs

Installation size: 1700*1300*2000mm/67*51*79in



Iso-Lateral High Row

Model: 82004

FEATURES

1. The Plate-Loaded Iso-Lateral High Row was blueprinted from human movement. Separate weight horns engage independent diverging and converging motions for equal strength development and muscle stimulation variety. It provides a unique path of motion that contrasts the incline press for a workout that's not easily replicated by other machines.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W.:155kgs / 342lbs G.W.: 205kgs /452lbs

Installation size: 2000*1450*1780mm/79*57*70in

Iso-Lateral front lat pull down

Model: 82004A

FEATURES

1. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
2. Ergonomic design, smooth workout.
3. two-axis, double-track and single-point design, the movement arm can be moved independently
4. Cushion filled with MC high resilience foam material, high-grade PU leather surface. ABS handle cap, good looking and durable

SPECIFICATIONS

N.W.: 145KG /320lbs

Installation size : 1700x1250x2000mm/67*49*79in

Muscle: back muscle group



GROUND BASE SQUAT/HIGH PULL

Model: 82005

FEATURES

1. The Plate-Loaded Ground Base Squat High Pull introduces balance to the squat exercise while providing biomechanics that keep exercisers' bodies in suitable positions for performance training. Ground Base equipment is designed to keep the exerciser firmly planted on the ground while maximizing power and explosiveness from the feet up.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:115kgs / 254lbs G.W.:165kgs/364 lbs

Installation size: 2050*1430*1320mm/81*56*52in



T BAR ROW

Model: 82006

FEATURES

1. Universal pivot point allows for user defined path.
2. Non-skid footplates stabilize user.
3. Separately positioned footplates fit all users.
4. Dual position handles target different muscle
5. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
6. Ergonomic design, smooth workout.
7. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W.:95kgs/209lbs G.W.:145kgs/320lbs

Installation size: 1110*1250*2000mm/44*49*79in

Iso Lateral Row

Model: 82007

FEATURES

1. ISO Lateral Row was blueprinted from human movement. Separate weight horns engage independent diverging and converging motions for equal strength development and muscle stimulation variety. It provides a unique path of motion that contrasts with the decline press.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:155kgs /342lbs G.W.:205kgs/ 452bs

Installation size: 1250*1700*1710mm/49*67*67in



Iso Lateral Upper back pull down

Model: 82007A

FEATURES

1. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
2. Ergonomic design, smooth workout.
3. Two-axis, double-track and single-point design, the movement arm can be moved independently
4. Cushion filled with MC high resilience foam material, high-grade PU leather surface. ABS handle cap, good looking and durable

SPECIFICATIONS

N.W.: 110KG243lbs

Installation size: 1067x1400x1850mm/42*55*73in

Muscle: back muscle group



Stand Pull Back

Model: 82008

FEATURES

1. Universal pivot point allows for user defined path.
2. Non-skid footplates stabilize user.
3. separately positioned footplates fit all users.
4. Dual position handles target different muscle
5. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
6. Ergonomic design, smooth workout.
7. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:90kgs / 198lbs G.W.:140kgs/ 309 lbs

Installation size: 2150*1230*1300mm/85*48*51in



GROUND BASE COMBO INCLINE

Model: 82009

FEATURES

1. The Plate-Loaded Ground Base Combo Twist is perfect for athletes who rely on rotating motions for maximum performance. It also combines two workouts to save space. Ground Base equipment is designed to keep the exerciser firmly planted on the ground while maximizing power and explosiveness from the feet up.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:95kgs / 209 lbs G.W.:145kgs/ 320 lbs

Installation size: 1300*1400*1200mm/51*55*47in



GROUND BASE COMBO TWIST (LEFT PULL)

Model: 82010

FEATURES

1. The Plate-Loaded Ground Base Twist Left is ideal for athletes who rely on left-sided rotational motion for maximum performance. Ground Base equipment is designed to keep the exerciser firmly planted on the ground while maximizing power and explosiveness from the feet up.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:75kgs / 165lbs G.W.:125 kgs/ 276 lbs

Installation size: 1300*1400*1200mm/ 51*55*47in



GROUND BASE COMBO TWIST (RIGHT PULL)

Model: 82011

FEATURES

1. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
2. The Plate-Loaded Ground Base Twist Right is ideal for athletes who rely on right-sided rotational motion for maximum performance. Ground Base equipment is designed to keep the exerciser firmly planted on the ground while maximizing power and explosiveness from the feet up
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:75kgs / 165lbs G.W.:125kgs/276lbs

Installation size: 1300*1400*1200mm/ 51*55*47in



Incline Chest Press

Model: 82012

FEATURES

1. The Plate-Loaded Iso-Lateral incline Bench Press was blueprinted from human movement. Separate weight horns engage independent diverging and converging motions for equal strength development and muscle stimulation variety.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:155kgs / 341lbs G.W.:205kgs/ 452lbs

Installation size: 2000*1700*1500mm/79*67*59in



Iso Lateral Decline Bench Press

Model: 82013

FEATURES

1. The Plate-Loaded Iso-Lateral decline Bench Press was blueprinted from human movement. Separate weight horns engage independent diverging and converging motions for equal strength development and muscle stimulation variety.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W.:140kgs / 309lbs G.W.:190 kgs/ 419lbs

Installation size: 1800*1650*800mm/71*65*31in

Iso-Lateral Bench Press

Model: 82014

FEATURES

1. The Plate-Loaded Iso-Lateral Bench Press features separate weight horns that provide independent diverging and converging motions for equal strength development. Vertical and horizontal grip options replicate traditional bench presses or athletic movements.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:155kgs /342lbs G.W.:165kg /364lbs

Installation size: 1200*1750*1710mm/47*69*67in



Iso-Lateral Horizontal Bench Press

Model: 82015

FEATURES

1. The Plate-Loaded Iso-Lateral Horizontal Bench Press was blueprinted from human movement. Separate weight horns engage independent diverging and converging motions for equal strength development and muscle stimulation variety.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W.:135kgs /298lbs G.W.:185 kgs/ 408lbs
Installation size: 1860*1700*1000mm/73*67*39in

Plate Loaded Leg Press

Model: 82016

FEATURES

1. The Plate-Loaded Leg Press machine design encourages proper exercise performance with initiation by pushing down through the hips. Seat pads and footplates are angled and structured to reduce undesirable stress and tension.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W.:200kgs/441lbs G.W.:250kgs/551lbs

Installation size: 1169*1208*1660mm/ 46*48*65in

Iso Lateral Leg Press

Model: 82017

FEATURES

1. The Iso-Lateral Leg Press was blueprinted from human movement. Separate weight horns engage independent diverging paths of motion for equal strength development and muscle stimulation variety. Seat pads and footplates are angled and structured to reduce undesirable stress and tension.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:210kgs/463 lbs G.W.:260 kgs/ 573lbs

Installation size: 1169*1208*1660mm/ 46*48*65in



Plate Loaded Seated Calf

Model: 82018

FEATURES

1. The Plate-Loaded Seated Calf Raise is designed to train the soleus muscle motions. It also has an adjustable thigh pad restraint to accommodate various exercisers..
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W.:125kgs / 276lbs G.W.:175kgs/ 386 lbs

Installation size: 2100*1550*1500mm/83*61*59in

Standing Calf Machine

Model: 82019

FEATURES

1. The traditional design of the Plate-Loaded Standing Calf offers easy entry and exit. The angled diamond plate footplate helps maintain foot placement and allows for maximum stretch. The starting height is adjustable for all sizes. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
2. Ergonomic design, smooth workout.
3. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:135kgs / 298lbs G.W.:185kgs/ 408 lbs
Installation size: 1500*1350*1670mm/59*53*66in



Plate Loaded V Squat

Model: 82020

FEATURES

1. The Plate-Loaded V-Squat is designed to have a natural squatting motion, while reducing back and knee strain through a curved arc of motion. It also employs a standard counter balance for lower starting resistance.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:190kgs / 419lbs G.W.:240 kgs/ 529 lbs
Installation size: 2470*1130*1650mm/97*44*65in



GROUND BASE JAMMER

Model: 82021

FEATURES

1. The Plate-Loaded Ground Base Jammer is conducive to athletic applications that require ground-based explosiveness. Ground Base equipment is designed to keep the exerciser firmly planted on the ground while maximizing power and explosiveness from the feet up.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:160kgs / 353lbs G.W.: 210 kgs / 463 lbs
Installation size: 1550*2000*1900mm/61*79*75in



leg Press

Model: 82022

FEATURES

1. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
2. Ergonomic design, smooth workout.
3. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W.:207kgs / 456 lbs G.W.:260kgs / 573lbs
Installation size: 2600*1200*1160mm/102*47*46in

Iso Lateral Leg Extension

Model: 82023

FEATURES

1. The Plate-Loaded Iso-Lateral Leg Extension was blueprinted from human movement. Separate weight horns engage independent diverging and converging motions for equal strength development and muscle stimulation variety. Two resistance loading positions provide dual strength curves depending on exercise goals.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:135kgs/ 298lbs G.W.:185kgs/ 408 lbs
Installation size: 1500*1500*1000mm/59*59*39in



Iso Lateral Leg Curl

Model: 82024

FEATURES

1. The Plated-Loaded Iso-Lateral Leg Curl was blueprinted from human movement. Separate weight horns engage independent diverging and converging motions for equal strength development and muscle stimulation variety. And the divergent angle between hip and chest pads helps reduce lower-back tension.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, accurate trajectory, smooth operation.
4. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W.:125kgs /276lbs G.W.:175 kgs/ 386 lbs
Installation size: 1700*1550*950mm/67*61*37in

Hip Trainer

Model: 82025

FEATURES

1. The Plate-Loaded Ground Base Combo Decline loads at opposite points allowing users to perform a twisting motion in a decline plane. And handles provide user stabilization during single-arm exercises.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:170kgs /375lbs G.W.:220kgs/ 485 lbs
Installation size: 1820*1700*2360mm/72*67*93in



COMBO DECLINE

Model: 82026

FEATURES

1. The Plate-Loaded Ground Base Combo Decline loads at opposite points allowing users to perform a twisting motion in a decline plane. And handles provide user stabilization during single-arm exercises.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:170kgs /375lbs G.W.:220kgs/ 485 lbs
Installation size: 1820*1700*2360mm/72*67*93in



Seated Shrug

Model: 82027

FEATURES

1. The Plate-Loaded Seated/Standing Shrug is designed to allow exercisers to perform either seated or standing exercises while providing better alignment of the trapezius muscles.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:110kgs / 243lbs G.W.:120kgs/ 265lbs
Installation size: 1300*1650*1160mm/51*65*46in



Linear Leg Press

Model: 82028

FEATURES

1. The Plate-Loaded Linear Leg Press is designed to be an easy-to-use and have a smooth linear leg press motion. It also employs a flip-in, flip-out mechanism to aid exercisers in use.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W:225kgs / 496lbs G.W.:275 kgs/ 606 lbs
Installation size: 2450*1200*1450mm/96*47*57in

GROUND BASE SQUAT LUNGE

Model: 82029

FEATURES

1. The Plate-Loaded Ground Base Squat Lunge provides various strength curves by using different loading points and handle positions. Ground Base equipment is designed to keep the exerciser firmly planted on the ground while maximizing power and explosiveness from the feet up.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W.:110kgs /243 lbs G.W.:160kgs/ 352 lbs
Installation size: 1520*1500*900mm/60*59*35in

Plate Loaded Glute

Model: 82030

FEATURES

1. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
2. Ergonomic design, smooth workout.
3. Hard chrome weight plate sleeve

SPECIFICATIONS

N.W.:95kgs / 209lbs G.W.:145kgs/ 320lbs
Installation size: 1600*1000*1700mm/63*39*67in



Prone leg trainer

Model: 82031

FEATURES

1. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
2. Ergonomic design, smooth workout.
3. Hard chrome weight plate sleeve, can withstand heavy weight, more safety.
4. Two-axis, double-track and single-point design, the movement arm can be moved independently
5. Cushion filled with MC high resilience foam material, high-grade PU leather surface. ABS handle cap, good looking and durable

SPECIFICATIONS

N.W.: 105KG/231lbs

Installation size: 1950x1100x1370mm/77*43*54in

Muscle: Hip , leg



Hip trainer

Model: 82032

FEATURES

1. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
2. Ergonomic design, smooth workout.
3. Hard chrome weight plate sleeve, can withstand heavy weight, more safety.
4. Cushion filled with MC high resilience foam material, high-grade PU leather surface. ABS handle cap, good looking and durable

SPECIFICATIONS

N.W.: 100KG/220lbs

Installation size: 1650x1410x900mm/65*56*95in

Muscle: Hip, thigh muscle group



Hack Squat & Leg Press

Model: 82033

FEATURES

1. The Plate-Loaded Linear Leg Press is designed to be an easy-to-use and have a smooth linear leg press motion. It also employs a flip-in, flip-out mechanism to aid exercisers in use.
2. Main frame adopts 40*80*3.0mm pipe. All pipes are Q235 qualified pipe.
3. Ergonomic design, smooth workout.
4. Hard chrome weight plate sleeve



SPECIFICATIONS

N.W:225kgs / 496lbs G.W.:275 kgs/ 606 lbs
Installation size: 2450*1200*1450mm/96*47*57in



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